

Bobbi Beale, PsyD.

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Bobbi Beale, PsyD, is a clinical psychologist and a Co-Director of the Center for Innovative Practices & the Child and Adolescent Behavioral Health COE at Case Western Reserve University. Dr. Beale has over 30 years of practice and expertise in trauma, resilience, system of care and behavioral health treatments for children, youth and families. Specializing in Intensive Home-Based Treatment and Adventure Therapy, she spends most of her time training, consulting, researching and providing technical assistance to support behavioral health and other providers serving youth and their families that are involved in multiple service systems. Bobbi has also focused on designing non-traditional therapy programs for youth populations that are at risk or have trauma histories. Bobbi's programs have utilized adventure therapy, a highly engaging and experiential treatment, to increase skills and resiliency for children, youth and families. Bobbi is a co-author of *Adventure Group Psychotherapy* (2019), and is currently working on the second Adventure Therapy book, which will focus on individual treatment.