

ANNUAL
SPRING
CONFERENCE **2019**

ADVOCATE



Ohio Children's Alliance

Leading change for child and family service providers

APRIL 23-24

Embassy Suites by Hilton

Columbus Dublin

5100 UPPER METRO PLACE

DUBLIN, OHIO 43017

Conference Agenda

TUESDAY, APRIL 23

8:00-9:00am	Check-in and breakfast buffet
9:00am	Welcome
9:10am-10:05am	Morning Keynote Featuring Maureen Corcoran, Director Ohio Department of Medicaid
10:05am	Morning Break
10:15am-11:30am	Breakout Workshop Session One (75min)
11:50am	Luncheon Keynote Featuring Lori Criss, Director Ohio Department of Mental Health & Addiction Services
1:00pm-2:15pm	Breakout Workshop Session Two (75min)
2:15pm	Afternoon Break
2:30pm-4:30pm	Breakout Workshop Session Three (120min)
4:30pm	Adjourn
4:30pm	All-attendee Social Event

WEDNESDAY, APRIL 24

8:00-9:00am	Check-in and breakfast buffet
9:00am	Welcome
9:10am-10:05am	Morning Keynote Featuring Kimberly Hall, Director Ohio Department of Job and Family Services
10:05am	Morning Break
10:15am-11:30am	Breakout Workshop Session Four (75min)
11:50am-12:45pm	Luncheon Keynote Featuring LeeAnne Cornyn, Director, Children's Initiatives
1:00pm-2:15pm	Breakout Workshop Session Five (75min)
2:15pm	Afternoon Break
2:30pm-3:45pm	Breakout Workshop Session Six (75min)
3:45pm	Adjourn

Tuesday, April 23, 2019

Breakout Workshop Session One

10:30am-11:45am (75min)

Care Coordination: Interventions that Improve Health Outcomes for High Risk Children ♦

Stephanie Patrick, LISW-S, Social Work Program Manager, Nationwide Children's Hospital

This presentation will give a brief overview of Nationwide Children's Hospital and its Accountable Care Organization (ACO): Partners for Kids. It will review what an ACO is, its role within the larger healthcare landscape, and how we improve the lives and health outcomes of children and their families. We will detail the population that Partners for Kids serves, a definition of our care coordination program, benefits, roles and key competencies. We will outline our patient identification and risk stratification process that ensures we are reaching the children with the highest need for care coordination services. Key care coordination interventions will be reviewed and we will demonstrate clinical outcomes achieved through providing these interventions. We will incorporate patient success stories that demonstrate the impact these services have on our patients and families. ♦ ●

A Risk Management Approach to Insurance ■

Karl Henley, Executive Vice President / Partner, SeibertKeck Insurance Partners in conjunction with Prism

Property and Casualty Insurance is typically a top five expense for most providers, however most do not understand how to control costs. This session is an overview to the building blocks that go into an Enterprise Risk Management process of which insurance is only one component. We talk about the components of risk management and how they work together to help organizations insulate themselves from risk, ultimately leading to a better risk profile and reducing costs. ■

Gaining Control after Trauma: Using Mindfulness for Healing ❖

Rachel Humphrey, LISW-S, Clinical Supervisor, Family Pride of Northeast Ohio

Gain an understanding of how the body reacts to trauma to be able to normalize and assist traumatized clients while learning mindfulness to teach to regain control of body and mind. ❖

Family First Act Implementation ♦

Colleen Tucker-Buck, Chief, Bureau of Foster Care Licensing and Enforcement; Crystal Williams, Family First Prevention Services Act (FFPSA) Project Manager, Bureau of Fiscal Operations; Lakeisha Hilton, Assistant Deputy Director for the Office of Family and Children; Lucy Gobble, Title IV-E Foster Care Maintenance (FCM) and Adoption Assistance (AA) Policy Developer, Bureau of Fiscal Operations

The Family First Prevention Services Act (FFPSA) is a part of the Bipartisan Budget Act of 2018 (H.R. 1892) and includes long-overdue historic reforms to help keep children safely with their families and avoid the traumatic experience of entering foster care. The Act emphasizes the importance of children growing up in families and helps ensure children are placed in the least restrictive, most family-like setting appropriate to their special needs

Breakout Workshop Session focus:

- ♦ **Advocacy and Public Policy**
- **Best Practices and Innovative Approaches in Behavioral Health and Child and Family Services**
- **Best Practices in Management and Leadership**
- ❖ **Advancement in Trauma Informed Care**
- ❖ **Clinical Interventions and Behavior Management Strategies**

(Breakout Workshop Session One continued on next page)

(Breakout Workshop Session One continued)

when foster care is needed. This session will include a panel that will give an overview of the provisions of the act and address how Ohio's Department of Job and Family Services FFPSA Leadership Advisory Committee is functioning to create recommendations for statewide FFPSA Implementation. ♦

Intentionally Integrating Treatment Planning for Youth with Co-Occurring Mental Health and Substance Use Disorders ❖

Michael Fox, LPCC-S, LCDC III, Consultant and Trainer, Center for Innovative Practices at Case Western Reserve University

This introductory training is presented from the specialized perspective of providing clinical services to youth with co-occurring mental health and substance use disorders. Broadly, Treatment Planning is a collaborative process that outlines, guides and measures the course of the applications and steps toward change. It grows from screening and assessment information, diagnoses, and then is built primarily on the recovery and change goals from the youth and his/her family and may even include referral source expectations. Growing recognition for the advantages of integrating treatment for youth with co-occurring mental health and substance use disorders has been expanding recently. We have mostly moved beyond Sequential or Parallel treatment options to integrating services into a single treatment plan. However, simply addressing substance use and mental health needs and goals on a single treatment plan is just the first step. Recognizing the overlapping and mutually-influencing impacts of substance use and mental health disorders is more complicated. ❖

Tuesday, April 23, 2019

Breakout Workshop Session Two

1:00pm-2:15pm (75min)

Applying a Trauma Informed Care Approach to Social Emotional Learning in Preschool and School Age Children ❖

Chuck Junkin, MA, LPCC, Prep Academy Program Manager, St. Vincent Family Center

Co-presenter, Faith Best, MSW, LSW, Prep Academy Direct Care Manager, St. Vincent Family Center

Co-presenter, Emily Eckert, MEd., LPCC-S Prep Academy Program Director, St. Vincent Family Center

More than two thirds of children report experiencing trauma during childhood. Research continues to show us that these traumatic events impact their development, learning, and social skills. In this presentation staff from St. Vincent Family Center's Day Treatment programs will describe how to recognize the need for trauma-informed care in the children you are working with. We will also share how we apply Social Emotional Learning theory in our therapeutic school program and provide interventions that you can use with the children you serve. ❖

Inspiring Parents and Caregivers through Visit Coaching ●

Katrina Allen, M.A., Justice Works Ohio

Co-presenter, Doug Conroy, Program Director for Allegheny County, PA, Justice Works Youth Care

During the Visit Coaching workshop, child welfare professionals will be introduced to what exactly Visit Coaching is and how it can positively impact the lives of the parent(s) and children who are in out-of-home placements and hoping to reunify. The Visit Coaching experience will be interactive and will enlighten participants on "coaching approaches" that may be used to assist parent(s) and or caregivers with creating a plan and or goals to address and understand their child's specific needs during a visit coaching session. ●

Changes in Autism Treatment Access: Mandates, AMA CPT Coding & Mental Health Parity Law ♦

Marla Root, Founder & Director, Ohio Autism Insurance Coalition

Co-presenter, Jacqueline Wynn, Ph.D., BCBA-D, COBA, Director, Center for Autism Spectrum Disorders, Nationwide Children's Hospital

Understanding how to navigate health insurance benefits and meet medical necessity will increase access to prescribed treatments for autism. Knowing the barriers and successes on accessing treatments will build awareness and paths to tackle to eliminate barriers. Knowledge and awareness of how individuals with autism can access health insurance coverage for treatments should be a part of any planning/care coordination/service coordination process to support and set a path forward to meeting the individuals service needs. ♦

(Breakout Workshop Session Two continued on next page)

Mentoring: Engaged, Retained & Better Together ■

Kristy deVries, LISW-S, Assistant Executive Director of Ohio, Specialized Alternatives for Families and Youth

Mentoring staff will have long lasting benefits for the mentee, mentor and the larger organization. Mentoring Pairs have built skills and confidence, produced useful tools and resulted in stronger relationships, increased engagement and longevity. The psychology of mentoring along with neuroscience evidence will be reviewed along with the nuts & bolts of one agency's Mentoring Program including pair selection, expectations and protocols as well as success stories of diverse, cross-departmental Mentoring Pairs. ■

Ohio Children's Alliance 2019 Annual Meeting ■

One representative from each Ohio Children's Alliance full-member agency is invited to participate in the Annual Meeting. The agenda includes an orientation to Ohio Children's Alliance, acknowledgment of new members, presentation of the 2018 Annual Report, changes to the Bylaws, and the Board of Directors election. ■

Tuesday, April 23, 2019

Breakout Workshop Session Three

2:30pm-4:30pm (120min)

Pathways to Population Health ◆

Carrie Baker, President and CEO, Healthcare Collaborative of Greater Columbus

The Healthcare Collaborative of Greater Columbus (HCGC) is proud to manage the Central Ohio Pathways HUB, a neutral, central convener that connects our most vulnerable people with community resources and creates accountability for outcomes. A central organizing point and standardized procedures are used to align funders and service providers to holistically and efficiently address issues through care coordination. By adding organized pathways for information flow and funding, the HUB brings increased efficiency and better outcomes for people accessing needed services. In this session, participants will learn about the Pathways HUB model and, more generally, the critical ingredients to developing a successful population health project. ◆■

The Lie of Strategic Planning ■

David Paxton, Ma. LISW-S, Chief Clinical Officer, The Village Network

Even the best strategy plans can end up on a shelf collecting dust. Management guru Peter Drucker is credited with the phrase, "culture eats strategy for breakfast." Unless an organization is acutely aware of the strategic planning process and the hidden traps that often derail strategy, an organization's strategy plan is destined to fade into the background and become an exercise in futility. This session will explore the challenges of designing and executing an impactful strategic plan. Tools and frameworks such as the dual bottom line analysis, and Michael Porter's Five Forces will be discussed. Specific challenges to strategic planning for not-for-profits will also be explored. ■●

Family Resilience: Support and Intervention Strategies ◆

Bobbi Beale, Psychologist, Psy.D., Senior Research Associate, Trainer, Consultant, Center for Innovative Practices at Case Western Reserve University

We often think of resilience as an individual characteristic, but as family clinicians we need to facilitate and support resilience across the whole family. This workshop will explore family interventions to strengthen their resilience and teach them new skills to nurture resilience within their family. We will also discuss how to apply trauma-informed strategies to manage difficult behaviors and improve parenting techniques. Clinicians need to understand how resilience interacts with trauma, so that we can be more intentional about increasing resilience in our clients and families. This session will provide a brief overview of trauma and resilience, before we look at some interventions to use in the home with families. Some, like mealtime discussions and daily routines, will be familiar for both the family and the clinician, while others, storytelling games and mindfulness practices may offer fresh strategies. As always, our suggestions will include family engagement, partnering and skill building through a trauma informed lens. ◆

(Breakout Workshop Session Three continued on next page)

(Breakout Workshop Session Three continued)

High Performance Management: Managing Change ■

Alistair Deakin, CEO, KaleidaCare Management Solutions

In this workshop, participants will learn a framework for managing change within their own organization. This workshop will introduce new literature and best practices in change management initiatives. Join in an interactive presentation with resources and a template for planning change management initiatives. The workshop will include practical, real world examples providing participants with and many take-aways. ■

Implementation of PAX Tools ●

Carmen M. Irving, Certified Family Life Educator, Child and Youth Care Professional, Youth Systems of Care Director, Mental Health and Recovery Board of Union County
Co-presenter, Kathryn Tummino, Ohio Certified Prevention Specialist

PAX Tools is a collection of evidence-based, trauma-informed strategies to improve cooperation and self-regulation with youth. PAX Tools draws on decades of science to create strategies that support parents, youth workers and other caring adults to create a nurturing environment that ultimately helps kids thrive! PAX Tools is often referred to as the community-companion to the PAX Good Behavior Game (GBG). PAX GBG has been scaling up throughout the county, particularly in the state of Ohio. As PAX GBG is further integrated in our schools, PAX Tools provides training for other caring adults to continue the PAX language and strategies in order to offer consistency and reliability for our young people. This workshop teaches adults how to approach behavior as a skillset using practical, easy to implement strategies that build a trusting relationship through routine and consistency. PAX Tools participants will receive a complimentary Tool Kit which provides the materials need to effectively and immediately implement PAX Tools! ● ❖

Wednesday, April 24, 2019

Breakout Workshop Session Four

10:30am-11:45am (75min)

Leadership Summit: Preparing for Value Based Care— Moving beyond the Learning Community (Part 1 of 3) ■

Michael Flora, MBA, M.A.Ed, LCPC, National Consultant, MTM Services, National Council for Behavioral Health

This three part series will cover the following topics: 1) Moving from volume to value. 2) Preparing for shared risk. 3) Innovations in behavioral health. ■ ●

(Breakout Workshop Session Four continued on next page)

Breakout Workshop Session focus:

- ◆ **Advocacy and Public Policy**
- **Best Practices and Innovative Approaches in Behavioral Health and Child and Family Services**
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(Breakout Workshop Session Four continued)

Reaching the Wounded Child ❖

Joe Hendershott, Ed.D., Author, Teacher, Administrator, Foster-Adoptive Parent, President, Hope 4 The Wounded, LLC

This session provides a wealth of strategies for professionals and caregivers who work with wounded children—children who are beyond the point of "at-risk" and have experienced trauma in their lives. Based on evidence in his most recent book, key strategies will be shared for understanding the effects of trauma in order to position children to experience transformation in their lives. Recognizing the power of effective leadership and empathy in creating a sense of community and safety for wounded children, this session is designed to equip and empower caregivers and professionals to direct children on a path to academic and life success. ❖

Navigating the Overpayment Maze ■

Daphne Kackloudis, JD, Partner, Brennan Manna Diamond, LLC

Co-presenter, Ashley Watson, JD, Associate, Brennan Manna Diamond LLC

It has been over two years since CMS released the final rule on reporting and returning overpayments. However, the questions surrounding overpayments—When does the clock start ticking? What payments need to be returned? What liabilities will an organization face if they do not return the payments?—are sometimes still difficult to answer. This session will walk attendees through the overpayment maze, including details on how to recognize an overpayment and how to interact with payors when an overpayment has been made. ■●

Mental Health Counseling for Persons on the Autism Spectrum ●

Tom Galperin, Ph.D., LISW-S, TEACCH Certified Practitioner, Behavioral Health Counselor, The Children's Home of Cincinnati

This presentation will review the The Children's Home of Cincinnati's approach towards supporting the Mental Health of teenagers on the Autism Spectrum. Traditional mental health approaches and their reasons for lack of success with persons with ASD will be examined, adaptations to existing methodologies will be discussed, and new discoveries will be presented. The importance of collaboration between Counselor and those who support a person on the Spectrum will also be demonstrated. ❖●

Trauma-Sensitive Yoga and Mindfulness Techniques for Care-Giving Professionals ❖

Marcia Miller, certified yoga therapist, E-RYT 500, iRest certified teacher, founder/owner of Yoga on High

A well-trained, experienced and caring clinical professional is a terrible thing to waste! In this session, you will learn and experience specific therapeutic practices that are practical, portable and potent—designed to promote healing and resilience in your nervous system as you reduce and prevent burnout. These practices include mindful movements, mindful meditative practices, breath practices and more, and you will likely leave this session feeling inspired, relaxed and with a felt sense well-being. ❖

Wednesday, April 24, 2019

Breakout Workshop Session Five, 1:00pm-2:15pm (75min)

Leadership Summit: Preparing for Value Based Care—Moving beyond the Learning Community (Part 2 of 3)

Michael Flora, MBA, M.A.Ed, LCPC, National Consultant, MTM Services, National Council for Behavioral Health

Part 2 in a 3-part series. Refer to the session description for Breakout Session Four. ■●

Transforming Culture to Become a Trauma Informed School District: Insights for Behavioral Health Professionals (Part 1 of 2) ❖

Martin Johnson, Psy.D. Clinical Psychologist, Springfield (OH) City School District

Co-Presenters: Karen Hall, Ph.D., Director of Student Services, and Chaka Colstock, M.A., Student Support Facilitator (Lincoln Elementary School), Springfield (OH) City School District

Many school districts face challenges identifying and effectively addressing the mental health needs of their students, particularly students exposed to trauma. This series will describe one school district's data-driven rationale and process of developing a district Trauma Learning Community to (1) raise awareness of the impact of trauma on learning and behavior, and (2) support implementation of trauma informed practices district-wide. Local behavioral health professionals' role in supporting the school district's trauma informed initiatives, including but not limited to the development of the Trauma Learning Community will be discussed. Trauma informed strategies and tools for behavioral health professionals, including tips for replicating a Trauma Learning Community in behavioral health agencies will be shared also. ❖

Joyful Together: Reigniting Relationships and Reinforcing Resiliency in Children and Caregivers with Play (Part 1 of 2) ●

Holli Ritzenthaler, MSSA, Assistant Vice President, Community Counseling, OhioGuidestone
Co-presenter, Georgiana Grey, MSSA LISW-S, OhioGuidestone

Research and technology continue to expand and demonstrate some of the most basic human principles: we need each other to survive. Fields such as neuroscience reveal brain activity that highlights the strength in doing things with others, especially those you love and care for. Even more compelling are findings that reveal the consequences on normal development and functioning in children who do not have meaningful engagement to build attachment with a loving caregiver. Furthermore, children who experience toxic stress or adverse childhood experiences (ACEs) are at greater risk of negative consequences on their development, functioning and life outcomes. Compelled by our mission to provide pathways for growth and lifelong success for children, families and communities, we created Joyful Together® as a way to support professionals, educators, caregivers and families build attachment by infusing everyday moments with children with joyful activities. This hands-on workshop will introduce attendees to the basic science behind Joyful Together®, demonstrate how to use Joyful Together as an engagement tool to coach parents, and provide a springboard for attendees to put Joyful Together® into practice to support co-regulation and leverage improved skills for families to continue to improve engagement and interactions that support resiliency for both children and caregivers. ● ❖

Is Your Head in the Cloud? Digital Data Privacy for Child & Family Service Providers ■

Ashley B. Watson, JD, Associate, Brenna Manna Diamond LLC
Co-presenter, Brandon T. Pauley, JD, Brennan Manna & Diamond, LLC

Safeguarding an individual's protected health information (PHI) is imperative in today's technological landscape. Increasingly, service providers are now storing PHI in electronic format. Doing so provides for easier organization, more efficient record keeping, and greater ability to retrieve information quickly. However, despite familiarity with the HIPAA and HITECH requirements, there is still a lack of appreciation for the storage and security requirements for electronic PHI once collected. This discussion will focus on the importance of cybersecurity and the encryption of electronic PHI as well as how to identify potential breaches and notification requirements post-breach. After this session, you will be able to answer the following common questions: What goes into a PHI breach and notification? How can an organization prevent data security issues? What does it mean to keep information on the "cloud?" How and why should I encrypt my data? Understanding these concepts will proactively place an organization ahead of the curve when handling electronic PHI. ● ■

Board of Directors Meeting—Ohio Children's Alliance ■

Ohio Children's Alliance April 2019 Board of Directors Meeting. ■

Wednesday, April 24, 2019

**Breakout Workshop Session Six
2:30pm-3:45pm (75min)**

Leadership Summit: Preparing for Value Based Care—Moving beyond the Learning Community (Part 3 of 3) ■

Michael Flora, MBA, M.A.Ed, LCPC, National Consultant, MTM Services, National Council for Behavioral Health

Refer to the session description for Breakout Session Four. ■ ●

(Breakout Workshop Session Six continued on next page)

(Breakout Workshop Session Six continued)

Transforming Culture to Become a Trauma Informed School District: Insights for Behavioral Health Professionals (Part 2 of 2) ❖

Martin Johnson, Psy.D. Clinical Psychologist, Springfield (OH) City School District
Co-Presenters: *Karen Hall, Ph.D., Director of Student Services, and Chaka Colstock, M.A., Student Support Facilitator (Lincoln Elementary School), Springfield (OH) City School District*

Refer to the session description for Breakout Workshop Session Five. ❖

Joyful Together: Reigniting Relationships and Reinforcing Resiliency in Children and Caregivers with Play (Part 2 of 2) ●

Holli Ritzenhaler, MSSA, Assistant Vice President, Community Counseling, OhioGuidestone
Co-presenter, *Georgiana Grey, MSSA LISW-S, OhioGuidestone*

Refer to session description for Breakout Workshop Session Five. ● ❖

The Elephant in the Room: Toxic Non-Profit Workplace Culture ■

Elizabeth Joy, MBA, MSW, LSW, LCDCIII, CEO, The Institute for Trauma Informed Emotional Intelligence

This presentation will review the connection between emotional intelligence and trauma and how leaders can incorporate these critical concepts into hiring, training, and retaining employees. Participants will take a closer look at the definition of a trauma-informed organization with an emphasis on the management and operations elements of trauma-informed approaches. We will review the often overlooked, toxic non-profit workplace including the many causes for this phenomenon and things to consider when working to address it. ❖ ■

Building a Foundation of Family Values with Actions ●

Gloria "Glo" Redding, MLS, CEO/Founder, Generating Learning Opportunities LLC

This learning opportunity will be about building or reinforcing the family value foundation for our children and families. The interactive session will identify the belief systems and environments that influence family values, decisions, and life goals. Recognize six essential family values that lay a solid foundation for success. ●

Breakout Workshop Session focus:

- ◆ **Advocacy and Public Policy**
- **Best Practices and Innovative Approaches in Behavioral Health and Child and Family Services**
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