LEADING CHANGE
2018 FALL CONFERENCE

Renaissance Columbus Westerville-Polaris Hotel
October 23-24, 2018

409 Altair Parkway | Westerville, OH 43082

Register Here to Attend the Conference.
Conference Agenda

MONDAY, OCTOBER 22
7:00-8:00pm   Members-only Mixer

TUESDAY, OCTOBER 23
8:15-9:15am   Check-in and breakfast buffet
9:15am        Welcome
9:30am        Morning Keynote
Jeremy Kohomban, Ph.D., President & CEO,
The Children’s Village
CHAMPS, Children Need Amazing Parents
10:45am       Breakout Session 1
12:00pm       Luncheon
1:30pm        Breakout Session 2
2:45pm        Breakout Session 3
4:00pm        Breakout Session 4
5:00pm        Adjourn
5:15pm        Networking Social

WEDNESDAY, OCTOBER 24
8:00-9:00am   Check-in and breakfast buffet
9:00am        Welcome
9:15am        Morning Keynote
Bridget Gavaghan, Director,
National Reframing Initiative,
Reframing Human Services Network
10:30am       Breakout Session 5
12:00pm       Luncheon
1:15pm        Breakout Session 6
2:30pm        Breakout Session 7
3:30pm        Adjourn
Tuesday, October 23, 2018

Breakout Workshop Session One, 10:45am-11:45am

**Identifying and Responding to Trafficked Youth in Ohio**
*Bhumika Patel, MA, Women’s, Gender, Sexuality Studies, Anti-Human Trafficking Coordinator, Public Children Services Association of Ohio*

Co-Presenter, *Seth Boughton, MSW, Ph.D. candidate, Statewide Human Trafficking Coordinator, Ohio Network of Children’s Advocacy Centers*

A comprehensive overview of human trafficking, relevant laws, risk factors and vulnerabilities, identifying and responding to trafficked youth and youth at risk. Learn strategies and resources to engage youth and influence recovery, short-term and long-term care.

**Enhancing and Sustaining Effective Care Management Strategies, Part 1 of 4**
*Kathy Polasky-Dettling, VP, Clinical Strategies, Afia, Inc., Integrated Health Consultant, National Council for Behavioral Health*

The changing healthcare marketplace requires providing care management as a key strategy to meet the complex needs of children and families and promote recovery and resiliency. This 4-part session will identify current healthcare trends; provide a comprehensive overview of care management; identify policies & practices that support partnerships across primary care, BH and community service, including strategies to work with the differences in cultures; identify training and supervision strategies to support clinicians.

**CHAMPS, Children Need Amazing Parents: A Campaign to Ensure Bright Futures for Kids in Foster Care**
*Hope Cooper, Founding Partner, True North Group*

CHAMPS – which stands for Children Need Amazing Parents - is a national campaign to ensure bright futures for kids in foster care by promoting the highest quality parenting. Led by a coalition of partner organizations, CHAMPS raises awareness of the importance of quality parenting for children in foster care and calls on policy makers nationally and in states to take action. CHAMPS builds on research which shows that loving, supportive families – whether birth, kin, foster or adoptive – are critical to the healthy development of all children. Leveraging what we know from research and best practice, CHAMPS offers policymakers a six-point policy framework to promote better outcomes for children and families. Participants at this session will learn more about the national CHAMPS campaign and will hear about exciting plans to bring CHAMPS to Ohio. As a new partner to CHAMPS, the Ohio Children’s Alliance will lead stakeholder outreach to engage interested organizations in CHAMPS Ohio. This session will discuss policy options and different ways for stakeholder organizations to get involved in CHAMPS.

**Brain-Based Play Interventions for Traumatized Children, Part 1 of 3**
*Pamela J. Miller, JD, MSW, LISW-S, Psychotherapist, Lighthouse Youth and Family Services; Director, NASW Ohio, Cincinnati Chapter*

Drawing from the work of world-renowned child psychiatrist Bruce Perry, explore the role of play and the types of play that build the three major brain systems in early childhood development, the disruption of trauma, and trauma-informed play interventions.
Tuesday, October 23, 2018

Breakout Workshop
Session Two, 1:30pm-2:30pm

Trauma Informed Care & Beyond...
Carl J. Vondracek, M.Ed, PCC-S, Certified Clinical Trauma Professional, Director of Clinical Services, Rose-Mary
This certified clinical trauma professional will cover trauma in its various forms; and using clinical studies, identify ways stress and trauma negatively impact the brain (and body). We will identify and discuss successful approaches to building resiliency in clients and work toward healing trauma, as well as concepts and philosophies to identify, treat, or avoid vicarious trauma; and establish a culture of TIC in our agencies.

Family Driven-A Must
Thomas R. Standish, LISW-S, Director Child and Family Advocacy, Eastway Behavioral Healthcare
Co-Presenter, Tamisha McKenzie, NAMI Franklin County, Basics Course Instructor, Parent Support
Review the emerging definition of family driven care and its potential to guide treatment. Explore strategies and resources for implementation. Hear perspectives, ideas, and solutions from a panel of engaged family members.

Using Technology to Reinvent Foster Family Recruitment
Kristin Atwood, Account Executive at Binti, and former Licensing Social Worker and Supervisor
With a nationwide goal to place more foster children with families, and a nationwide shortage of resource families, Binti software is a solution for public and private agencies. With Binti prospective foster parents complete the application process online; and social workers track the application process. Used in San Francisco since 2017, the results are a 300% increase in applicants, a 40% increase in approved homes, and a 20% reduction in application completion time. Learn the benefits of technology for improving outcomes for foster children and how your agency can utilizing technology to address resource shortage.

Enhancing and Sustaining Effective Care Management Strategies, Part 2 of 4
Kathy Polasky-Dettling, VP, Clinical Strategies, Afia, Inc., Integrated Health Consultant, National Council for Behavioral Health

Brain-Based Play Interventions for Traumatized Children, Part 2 of 3
Pamela J. Miller, JD, MSW, LISW-S, Psychotherapist, Lighthouse Youth and Family Services; Director, NASW Ohio, Cincinnati Chapter
Beyond Point and Level Systems: Moving Toward TIC and Child Centered Programming
David Paxton, Ma. LISW-S, Chief Clinical Officer, The Village Network
Co-Presenter, Traci McCarty, LISW-S, Southwest Regional Clinical Director
Explore how becoming a Trauma-Informed agency guides day to day services and culture with the pursuit of youth-centered treatment. Learn evidences of the superiority of trauma-informed care compared to point and level systems.

Unstoppable Baptiste Yoga for Youth Training Program, Part 1 of 2
Heidi Fricke, 500 Hr Baptiste Certified Instructor, 500 Hr. E-RYT, Trauma Sensitive Certified Yoga Instructor, Reiki Master, Owner, Simply Power Yoga
Co-Presenter, Melissa Leach, Programs Director, Baptiste Foundation, Tier 3 Baptiste Certified Instructor
Unstoppable Baptiste Yoga for Youth training programs are successful for professionals and youth at risk, providing invaluable tools for self-care and well-being, through physical movement, awareness meditation, breathing and relaxation practices.

Addressing Corporate Compliance and Best Practices That Increase Visibility and Charitable Support
Dean Pulliam, Director of Nonprofit & Charity Accreditation, Better Business Bureau Serving Central Ohio
As large and small non-profits in direct mental, physical or behavioral health care services, how do we address corporate compliance and governance best practices as we focus on continuous program and service improvements and charitable fundraising. In this session, learn successful navigation of Ohio offices of the Attorney General, Secretary of State, and ORC Chapter 1702, as well as Local Ordinances of select Ohio municipalities.

Enhancing and Sustaining Effective Care Management Strategies, Part 3 of 4
Kathy Polasky-Dettling, VP, Clinical Strategies, Afia, Inc., Integrated Health Consultant, National Council for Behavioral Health

Brain-Based Play Interventions for Traumatized Children, Part 3 of 3
Pamela J. Miller, JD, MSW, LISW-S, Psychotherapist, Lighthouse Youth and Family Services; Director, NASW Ohio, Cincinnati Chapter
Tuesday, October 23, 2018

Breakout Workshop
Session Four, 4:00pm-5:00pm

Promoting Trauma Informed Care through Mental Health Consultation in Schools

Erin Lucas, LISW-S, Early Childhood Programs Director, Hopewell Health Centers, Inc.

Hear how Hopewell Health is implementing Trauma Informed Mental Health Consultation in two Ohio school districts to bridge the gap between schools and mental health professionals. Learn three opportunities for incorporating principles of trauma-informed care into the school environment.

Family First Act

Ohio Department of Job and Family Services Office of Families and Children

The Federal Family First Act is the most sweeping child welfare reform in decades. The Ohio Department of Job and Family Services (ODJFS) will take an in depth look at the work Ohio is doing on implementation and timelines of this historic legislation. You will learn about the changes in foster care licensing as well as new regulations for residential facilities.

Effective Partnerships between MST (Multi-Systemic Therapy) and Child Welfare for Treating Youth with Behavioral Challenges in the Home

Maureen Kishna, LISW-S, MST Expert and Program Developer, Center for Innovative Practices, Case Western Reserve University
Co-Presenter, Pamela Mitterling, RN, LPCC-S, LSW, LICDC-CS, MST Expert

Hear from a panel of key partners in the MST program and treatment process, comprised of at least one member from an MST treatment team, a child welfare team member, a family member who recently participated in MST treatment, and an MST program developer and expert consultant. Panelists will discuss how they work together as a team to assist a youth with significant behavioral issues, which places him or her at risk of placement.

Unstoppable Baptiste Yoga for Youth Training Program, Part 2 of 2

Heidi Fricke, 500 Hr Baptiste Certified Instructor, 500 Hr. E-RYT, Trauma Sensitive Certified Yoga Instructor, Reiki Master, Owner, Simply Power Yoga

Enhancing and Sustaining Effective Care Management Strategies, Part 4 of 4

Kathy Polasky-Dettling, VP, Clinical Strategies, Afia, Inc., Integrated Health Consultant, National Council for Behavioral Health
Wednesday, October 24, 2018

Breakout Workshop
Session Five, 10:30am-11:30am

Building a Movement: A New Narrative for Human Services
Bridget Gavaghan, Director, National Reframing Initiative, Reframing Human Services Network

Human services play a vital role in ensuring that everyone has the opportunity to reach their full potential and contribute to their communities. Yet the sector’s important work and societal benefits are largely invisible to the public and policymakers. As a result, organizations struggle to marshal the resources and long-term sustainable support necessary to address the complex issues facing our communities.

Innovating and Impacting with CBT-Plus, Part 1 of 2
Reinhild Boehme, MA, MSW, LISW-S, Assistant Director, Clinical Impact and Innovation, OhioGuidestone

Is evidence-based Cognitive Behavior Therapy (CBT) informed enough to keep up with the social trends that are profoundly impacting children today? An innovative trauma- and toxic stress-informed clinical model that expands and enriches CBT, incorporating interpersonal psychology and neurobiology to address the psychobiological impact of client experiences, recognizing and validating lived experiences. Learn from clinical manuals developed for licensed professionals and paraprofessionals to infuse CBT-Plus (C) into clinical programs, with proven results.

The Impact of Trauma on Parenting, Part 1 of 2
Bobbi Beale, Psychologist, Psy.D., Senior Research Associate, Trainer, Consultant, Case Western Reserve University, Center for Innovative Practices

As clinicians have become increasingly aware of the impact that trauma and traumatic stress has on the children and youth we work with, we struggle with recognizing and dealing with 2nd, 3rd, and 4th generation trauma. Explore how generational trauma affects parenting, how to respectfully engage parents, and how trauma shows up in parenting interactions. Discover tips for engaging and partnering with parents through a trauma-informed lens.

The Biggest Problem with Communication Is Thinking It Has Taken Place, Part 1 of 3
Celia King, Arrants-McSwain Team Building

Limited enrollment; requires attending all three parts. Arrants-McSwain and Celia King received high evaluations in the spring after leading an all-day introductory Myers-Briggs course. Celia will join us again for a three-hour training series on communication styles. You’ll learn your own natural communication style and how to notice when it is or isn’t working. You’ll also experience other types of communication as you practice when to use each style. The workshop uses story telling and conversation to give hands on experience to immediately use what you learn. The communication styles are based on the Myers Briggs Personality Indicator, but you will not need previous experience with the Myers Briggs to participate in this session.
Wednesday, October 24, 2018

Breakout Workshop
Session Six, 1:15pm-2:15pm

Trauma Responsive Care: The Next Step in Being Trauma-Informed
Lara Palay, MSW, LISW-S, Managing Partner, Aldridge Palay Consulting
Review the core concepts of trauma from a psychosocial perspective and the importance of a responsive, relational approach. Explore neuroplasticity and its role in detrimental and adaptive brain change in childhood. Drawing on the work of van der Kolk, Perry and other trauma innovators, we'll discuss using TRC as a foundational perspective.

Thrive: Integrating Leadership, Wellness and Consciousness
Laura Purnell, Ph.D., ACHT, Educational Alchemist, LLC, Consultant, Cleveland Metropolitan School District
Explore a new, research-based, and transformational model for leadership, wellness and personal awareness, providing great potential for generating hope and facilitating change. The Integrated Performance Model suggests that the results we seek, both personally and professionally, and, individually and collectively, depend on much more than our behavior. Coherence is what drives behavior and helps us to achieve desired results.

Innovating and Impacting with CBT-Plus, Part 2 of 2
Reinhild Boehme, MA, MSW, LISW-S, Assistant Director, Clinical Impact and Innovation, OhioGuidestone

The Impact of Trauma on Parenting, Part 2 of 2
Bobbi Beale, Psychologist, Psy.D., Senior Research Associate, Trainer, Consultant, Case Western Reserve University, Center for Innovative Practices

The Biggest Problem with Communication Is Thinking It Has Taken Place, Part 2 of 3
Celia King, Arrants-McSwain Team Building
Wednesday, October 24, 2018

Breakout Workshop Session Seven, 2:30pm-3:30pm

Ohio START: Working with Families Affected by Substance Use Disorder
Fawn Gadel, JD, Director of Ohio START, Public Children Services Association of Ohio
Explore the Ohio START pilot project currently taking place in southern Ohio, providing intensive wrap-around case services to families with the co-occurrence of SUD and child maltreatment through partnerships between local behavioral health providers and juvenile courts. Learn how this program was generated to meet the growing Ohio opioid epidemic, addressing SUD and trauma, with the goal of healing the family unit. Learn how you can participate with or implement a START program in your community.

Cultural Competence: Providing Ethical Services In a Complex World
Laura Purnell, Ph.D., ACHT, Educational Alchemist, LLC
Learn from a retired urban school superintendent, 5 Principles of Cultural Competence, 4 Principles for engaging in courageous conversations about race. Explore use of the cultural competence continuum as a tool for assessing personal and organizational development, to make connections to the political dimensions of mental/behavioral health/educational practices, micro-aggressions, and the sociopolitical implications of oppression: trust and mistrust.

The Family Reunification Model: Promoting Efficient and Effective Residential Treatment and Service Collaboration
Kelly N. Bako, MSED, LPCC, Clinical Consultant
A Residential Treatment Center that utilizes a model is more organized, synchronized, and effective in its services delivery and outcomes. Used on a micro or macro-level, The Family Reunification Model© is a logic model designed to promote effective and efficient residential treatment services, in effort to successfully reunify, or reintegrate the child back into his or her natural home, community, or less restrictive setting.

Intergenerational Trauma and Resilience Project
Pamela Scott, PhD, LISW-S, Director of Clinical Development, The Buckeye Ranch
Co-Presenter, Jesse Schroeder, LISW-S, NMT Implementation Specialist
Through a grant-funded project, the Buckeye Ranch engaged in a two-year practice-led research project to identify how familial cycles of generational trauma impact family engagement in treatment, what strategies increase the likelihood of family engagement, and what scientifically informed, non-traditional interventions can be utilized to support the family and enhance resilience. This workshop will present the steps involved in this project, the knowledge we gained, and the strategies we identified that demonstrated positive outcomes with families.

The Biggest Problem with Communication Is Thinking It Has Taken Place, Part 3 of 3
Celia King, Arrants-McSwain Team Building